

Your symptom checker results

Your results have valuable information about your condition and can be a great starting point for discussions with your doctor, so make sure you share them on your next visit.

For the attention of the Healthcare Professional.

The questions answered in this self-assessment reflect SNOT-5, a rhinology-focused, abbreviated SNOT-22 questionnaire, that has reported significant correlations between SNOT-5 and endoscopic and radiologic scores or CRSwNP.¹ The full report of the study that reviewed SNOT-5 can be found at [https://www.annallergy.org/article/S1081-1206\(23\)01457-6/fulltext#seccesectitle0014](https://www.annallergy.org/article/S1081-1206(23)01457-6/fulltext#seccesectitle0014).

1 R. Misirovs et al. 5-Item sino-nasal outcome test and 22-item sino-nasal outcome test relationship with endoscopic and radiologic scores in chronic rhinosinusitis with nasal polyps. Ann Allergy Asthma Immunol. 2024;132(3):363-367.

Symptom 1/5

Do you have nasal congestion?

Yes No

How long have you had it for?

Less than 3 months More than 3 months

Symptom 2/5

Do you have a runny nose?

Yes No

How long have you had it for?

Less than 3 months More than 3 months

Symptom 3/5

Have you experienced a loss (or reduction) of your sense of smell or taste?

Yes No

How long have you had it for?

Less than 3 months More than 3 months

Symptom 4/5

Do you need to blow your nose a lot?

No Yes, often Yes, very often

How long has it been like this?

Less than 3 months More than 3 months

Symptom 5/5

Do you have thick snot (nasal discharge)?

Yes No

How long have you had it?

Less than 3 months More than 3 months