

ASSESSING THE IMPACT OF AD ON YOUR CHILD

If your child has atopic dermatitis (AD), the following tool will help assess how the condition is impacting your child. Please read each question carefully and choose from the 5 choices the answer that best fits your child. Please limit your responses to the last two weeks. You must select only one answer for each question.

CHILD'S FIRST NAME: _____

DATE OF BIRTH: _____

TODAY'S DATE: _____

CALCULATE YOUR CHILD'S ADCT SCORE

	0 Points	1 point	2 points	3 points	4 points
1. Over the last week, how would you rate your child's eczema-related symptoms?	(None) <input type="radio"/>	(Mid) <input type="radio"/>	(Moderate) <input type="radio"/>	(Severe) <input type="radio"/>	(Very Severe) <input type="radio"/>
2. Over the last week, how many days did your child have intense episodes of itching because of their eczema?	(Not at all) <input type="radio"/>	(1-2 days) <input type="radio"/>	(3-4 days) <input type="radio"/>	(5-6 days) <input type="radio"/>	(Everyday) <input type="radio"/>
3. Over the last week, how bothered has your child been by their eczema?	(Not at all) <input type="radio"/>	(A little) <input type="radio"/>	(Moderately) <input type="radio"/>	(Very) <input type="radio"/>	(Extremely) <input type="radio"/>
4. Over the last week, how many nights did your child have trouble falling or staying asleep because of their eczema?	(No nights) <input type="radio"/>	(1-2 nights) <input type="radio"/>	(3-4 nights) <input type="radio"/>	(5-6 nights) <input type="radio"/>	(Every night) <input type="radio"/>
5. Over the last week, how much did your child's eczema affect their daily activities?	(Not at all) <input type="radio"/>	(A little) <input type="radio"/>	(Moderately) <input type="radio"/>	(A lot) <input type="radio"/>	(Extremely) <input type="radio"/>
6. Over the last week, how much did your child's eczema affect their mood or emotions?	(Not at all) <input type="radio"/>	(A little) <input type="radio"/>	(Moderately) <input type="radio"/>	(A lot) <input type="radio"/>	(Extremely) <input type="radio"/>

Sum of your points = Your Child's ADCT Score:

WHAT EXACTLY DOES MY CHILD'S ADCT SCORE MEAN?

Each answer is scored on a scale of 0 to 4. After completing all six questions, your child's score is totaled. This will indicate the child's level of AD control. The possible range of the ADCT score is between 0 (complete disease control) and 24 (no disease control). An ADCT score of more than 6 points indicates poorly controlled AD.

If you are concerned that your child's AD may not be well controlled, you should discuss this with your child's doctor. Bring the completed ADCT to your child's next scheduled doctor appointment. That will be a good time to discuss how AD is affecting your child.

0

24



Complete disease control

Disease Control

No Disease Control